

Safety Officer Online Resources

CPR/AED Online Handbook

Browse the handbook before class and review it periodically after class to keep the knowledge fresh in your head.

LINK: <http://editiondigital.net/publication/?i=66319>

CPR/AED & First Aid Online Refreshers

Stay fresh with your skills by reviewing online refresher videos available through the American Red Cross

LINK: <http://redcrossrefresher.com/g/cpraed-professional-rescuers-and-health-care-provi/choices/>

CPR/AED

Make sure you review the correct procedures. You need to select CPR/AED for Professional Rescuers and Health Care Professionals. Navigate through the training modules by clicking the links within the red box as outlined in the screenshot below.

The screenshot shows the American Red Cross Refresher Center website. At the top left is the American Red Cross logo. To the right is the text "Refresher Center". Below this are three navigation tabs: "Home", "FIRST AID, CPR and AED" (which is highlighted), and "LIFEGUARDING". On the left side, there is a vertical menu with several options: "First Aid/CPR/AED for Workplaces, Schools and Individuals", "Adult CPR", "Child CPR", "Infant CPR", "First Aid", "CPR/AED for Professional Rescuers and Health Care Providers" (highlighted with a red box), "Breathing and Cardiac Emergencies" (highlighted with a red box), "Refresher 1: Providing Expert Care No Matter Where", "Refresher 2: Responding to an Emergency at the Gym", "Refresher 3: Using an AED to Better the Odds", and "Refresher 4: Keeping the Beat". A large blue 'X' is overlaid on the top part of the menu. The main content area features a large heading "CPR/AED for Professional Rescuers and Health Care Providers" with a sub-heading "Breathing and Cardiac Emergencies" and a "Get Started" button with a red arrow. To the right of the main content are two product advertisements. The first is for "Superior Protection and Durability" featuring a Laerdal CPR Mask for \$12.95, with a "Purchase" button. The second is for a "New Combination CPR Mask" for \$13.50, also with a "Purchase" button.

First Aid

Make sure you review the correct procedures. Navigate through the first aid training modules by clicking the First Aid link in the **green box** as outlined in the screenshot below.



Home

FIRST AID, CPR and AED

LIFEGUARDING

First Aid/CPR/AED for Workplaces, Schools and Industries



Infant CPR

First Aid

Refresher 1: Ready for anything! →

Refresher 2: Sun, Fun and Safety, Too

Refresher 3: Responding to a Sudden Illness

CPR/AED for Professional Rescuers and Health Care Providers

Breathing and Cardiac Emergencies

Refresher 1: Ready for anything!



Ready for anything! That's how you felt when you completed your first aid training. And given your line of work and active lifestyle, it's certainly come in handy more than once. But training covered a lot of topics, and you want to make sure you're still prepared. This fun and informative quiz can help you see what you remember...and what you don't.

Next

Watch Video

Review First Aid knowledge and skills by watching this short video.

[Watch Now](#)



Learn More

• [Adult First Aid CPR/AED Ready Reference](#)

• [Pediatric First Aid/CPR/AED Ready Reference](#)

• [First Aid/CPR/AED Participant's Manual](#)